

BeanTree Learning

For Allergy Information, go to:
<https://beantreelearning.nutrislice.com/>

January 1 - 3, 2025

			1	2	3
Breakfast			<p>BeanTree Learning Closed</p> <p>Happy New Year!</p>	<p>WG Waffle, 1 ea w/ Syrup, 1 oz</p> <p>Mandarin Oranges, 1/2 c</p> <p>Milk, 3/4 c</p>	<p>GF Cheerios Cereal, 1/2 c</p> <p>Pears in Juice, 1/2 c</p> <p>Milk, 3/4 c</p>
AM & PM Snacks				<p>AM</p> <p>WG Cinnamon Raisin Bread, 1 sl Milk, 1/2 c</p> <p>PM</p> <p>WG Cheese Goldfish, 1 pkg Fresh Baby Carrots, 1/2 c w/ Ranch, 1 oz</p> <p>Toddlers Peaches in Juice, 1/2 c</p>	<p>AM</p> <p>Banana Muffin, 1 ea Red Delicious Apple, 1/2 ea</p> <p>PM</p> <p>Cheddar Cheese Stick, 1 ea Townhouse Crackers, 4 ea</p> <p>Toddlers Cinnamon Applesauce, 1/2 c</p>
Lunch				<p>Spaghetti & Beef/Lentil Marinara, 1/2 c Shredded Mozzarella, 1/2 oz 100% Whole Wheat Bread, 1/2 sl Baby Spinach, 1/2 c Ranch Banana, 1/2 ea</p> <p>Toddlers Sweet Tender Peas, 1/4 c</p>	<p>Boneless Chicken Wing Dings, 3 ea Ketchup Wheat Dinner Roll, 1 ea Mixed Vegetables, 1/4 c Pineapple Tidbits, 3/8 c</p> <p>Toddlers Peas, Carrots, Green Beans, 1/4 c Mandarin Oranges, 3/8 c</p>
Vegetarian Lunch				<p>WG Spaghetti Marinara, 1/2 c Shredded Mozzarella, 1/2 oz 100% Whole Wheat Bread, 1/2 sl Baby Spinach, 1/2 c Ranch Banana, 1/2 ea</p> <p>Toddlers Sweet Tender Peas, 1/4 c</p>	<p>Morningstar Veggie Nuggets, 5 ea Ketchup Wheat Dinner Roll, 1 ea Mixed Vegetables, 1/4 c Pineapple Tidbits, 3/8 c</p> <p>Toddlers Peas, Carrots, Green Beans, 1/4 c Mandarin Oranges, 3/8 c</p>

Portions meet CACFP requirements for 3 to 5 years olds. All alternates discussed on an individual basis as needed.

6 oz. of milk is required with each meal. This menu contains no pork or peanut products.

Vegetarian meals contain no beef or poultry.

Fairfax Food Service & Caterers
 PO Box 418, Newington, VA 22122
 703.550.1820

Taste the Difference! BeanTree menus contain more of the follow healthy menu items: juices that are 100% juice and contain no dyes, hormone-free milk, ketchup without High Fructose Corn Syrup, whole grain pasta, whole grain and whole wheat breads, organic chicken nuggets, antibiotic-free and hormone-free beef and chicken menu items, nitrite-free turkey, low-fat cheeses, all-natural applesauce, and diced fruits stored in juice (not syrup).

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January 6 - 10, 2025

	6	7	8	9	10
Breakfast	WG Froot Loop Waffle, 1 ea Peaches in Juice, 1/2 c Milk, 3/4 c	WG Buttermilk Pancakes, 1 ea w/ Syrup Fuji Apple, 1/2 ea Milk, 3/4 c Toddlers Cinnamon Applesauce, 1/2 c	WG Wheat Biscuit, 1 ea w/ Apple Butter Banana, 1/2 ea Milk, 3/4 c	WG Sliced Bagel, 1/2 ea w/ Cream Cheese, 1/2 oz Fruit Cocktail, 1/2 c Milk, 3/4 c Toddlers Peaches in Juice, 1/2 c	Rice Chex Cereal (GF), 1/2 c Pears in Juice, 1/2 c Milk, 3/4 c
AM & PM Snacks	AM Crispy Rice Cereal, 1/2 c Milk, 1/2 c PM Townhouse Crackers, 4 ea Peaches in Juice, 1/2 c	AM Honey Maid Graham Crackers, 1 pkg Fruit Cocktail, 1/2 c PM Townhouse Crackers, 4 ea Fresh Baby Carrots, 1/2 c Ranch Dressing Toddlers Peaches in Juice; Mandarin Oranges	AM Corn Chex (GF), 1/2 c Orange Wedges, 4 ea PM WG Cheese Goldfish, 1 pkg Red Delicious Apple, 1/2 c Toddlers Mandarin Oranges; Peaches in Juice	AM Danimals Vanilla Yogurt, 1 ea Banana, 1/2 ea PM Townhouse Crackers, 4 ea Cheddar Cheese Stick, 1 ea Toddlers Graham Crackers & Cinnamon Applesauce	AM Blueberry Muffin, 1 ea Milk, 1/2 ea PM Mini Pretzels, 1/3 c Gala Apple, 1/2 ea Toddlers Graham Crackers & Cinnamon Applesauce
Lunch	Oven Baked Chicken Patty, 1 ea WG White Wheat Hamburger Bun, 1 ea Ketchup Sweet Tender Peas, 1/4 c Cinnamon Applesauce, 3/8 c	NAE WG Chicken Nuggets, 3 ea Macaroni & Cheese, 1/2 c Ketchup Tossed Salad w/ Mixed Greens, 1/2 c Ranch Banana, 1/2 c Toddlers Peas, Carrots, Green Beans, 1/4 c	TURKEY Nacho Fiesta, 1/4 c Shredded Cheddar Cheese, 1/2 oz GF Corn Tortilla Chips, 1/4 c Sweet Yellow Corn, 1/4 c Peas in Juice, 3/8 c Toddlers Wheat Dinner Roll, 1 ea Carrot Coins, 1/4 c	Italian Beef Meatballs, 3 ea Sub Roll, 1/2 ea Shredded Mozzarella Cheese, 1/2 oz Steamed Green Beans, 1/4 c Golden Delicious Apple, 3/8 c Toddlers Cinnamon Applesauce, 3/8 c	Chicken Corn Dog Nuggets, 5 ea Ketchup Mixed Greens Salad, 1/2 c Ranch Orange Wedges, 4 ea Toddlers Carrot Coins, 1/4 c Mandarin Oranges, 3/8 c
Vegetarian Lunch	Veggie Sausage Slider on Bun, 1 ea Shredded Cheese, 1/2 oz Ketchup Sweet Tender Peas, 1/4 c Cinnamon Applesauce, 3/8 c	Morningstar Veggie Nuggets, 3 ea Macaroni & Cheese, 1/2 c Ketchup Tossed Salad w/ Mixed Greens, 1/2 c Ranch Banana, 1/2 c Toddlers Peas, Carrots, Green Beans, 1/4 c	Veggie Nacho Fiesta, 1/4 c Shredded Cheddar Cheese, 1/2 oz GF Corn Tortilla Chips, 1/4 c Sweet Yellow Corn, 1/4 c Peas in Juice, 3/8 c Toddlers Wheat Dinner Roll, 1 ea Carrot Coins, 1/4 c	Italian Vegan Meatballs, 2 ea Sub Roll, 1/2 ea Shredded Mozzarella Cheese, 1/2 oz Steamed Green Beans, 1/4 c Golden Delicious Apple, 3/8 c Toddlers Cinnamon Applesauce, 3/8 c	Morningstar Veggie Nuggets, 5 ea Ketchup Mixed Greens Salad, 1/2 c Ranch Orange Wedges, 4 ea Toddlers Carrot Coins, 1/4 c Mandarin Oranges, 3/8 c

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January 13 - 17, 2025

	13	14	15	16	17
Breakfast	WG Blueberry Muffin, 1 ea Gala Apple, 1/2 ea Milk, 3/4 c	WG English Muffin, 1/2/ ea w/ Grape Jelly Pineapple Tidbits, 1/2 c Milk, 3/4 c Toddlers Pears in Juice, 1/2 c	Cheddar Cheese, 1 sl w/ Whole Wheat Biscuit, 1 ea Orange Wedges, 4 ea Milk, 3/4 c Toddlers Mandarin Oranges, 1/2 c	WG Waffle, 1 ea w/ Syrup, 1 oz Banana, 1/2 ea Milk, 3/4 c	GF Cheerios Cereal, 1/2 c Peaches in Juice, 1/2 c Milk, 3/4 c
AM & PM Snacks	AM Rice Chex (GF), 1/2 c Milk, 1/2 c PM Baked Multigrain Sun Chips, 1/2 pkg Mild Salsa, 1 oz Mandarin Oranges in Juice, 1/2 c Toddlers Danimals Vanilla Yogurt, 1 ea	AM Danimals Yogurt, 1 ea Homemade Granola, 1 oz PM WG Cinnamon Crispy Bites, 1 pkg Milk, 1/2 c Toddlers Graham Crackers	AM Cheerios Cereal (GF), 1/2 c Peaches in Juice, 1/2 c PM WG Sliced Bagel, 1/2 ea Cream Cheese, 1/2 oz Cinnamon Applesauce, 1/2 c	AM WG Cinnamon Raisin Bread, 1 sl Milk, 1/2 c PM WG Cheese Goldfish, 1 pkg Fresh Baby Carrots, 1/2 c w/ Ranch, 1 oz Toddlers Peaches in Juice, 1/2 c	AM Banana Muffin, 1 ea Red Delicious Apple, 1/2 ea PM Cheddar Cheese Stick, 1 ea Townhouse Crackers, 4 ea Toddlers Cinnamon Applesauce, 1/2 c
Lunch	NAE WG Chicken Nuggets, 3 ea Plain WG Brown Rice, 1/3 c Ketchup Fresh Baby Carrots, 1/4 c Ranch Fruit Cocktail, 3/8 c Toddlers Carrot Coins; Peaches in Juice 100% Whole Wheat Bread, 1/2 sl	Lean Beef Hamburger, 1 ea WG Whole Wheat Hamburger Bun, 1 ea Ketchup Sweet Yellow Corn, 1/4 c Red Delicious Apple, 3/8 c Toddlers Steamed Green Beans, 1/4 c Cinnamon Applesauce, 2/8 c	Chicken Fajitas, 1/3 c Shredded Cheddar Cheese, 1/2 oz Whole Wheat 6" Tortilla, 1 ea Steamed Green Beans, 1/4 c Banana, 1/2 ea	WG Buttermilk Pancake, 1 ea w/ Chicken Sausage, 1 ea Syrup Fresh Baby Carrots, 1/2 c Ranch Orange Wedges, 4 ea Toddlers Carrot Coins, 1/4 c Mandarin Oranges, 3/8 c	Meatless Baked Ziti, 1/2 c WG Pasta, Manira, 3 Cheese, Soy, 1/2 c Mixed Vegetables, 1/4 c Wheat Dinner Roll, 1 ea Peaches in Juice, 3/8 c Toddlers Peas Carrots, Green Beans, 1/4 c
Vegetarian Lunch	Egg Roll, 1 ea Plain WG Brown Rice, 1/3 c Ketchup Fresh Baby Carrots, 1/4 c Ranch Fruit Cocktail, 3/8 c Toddlers Carrot Coins; Peaches in Juice 100% Whole Wheat Bread, 1/2 sl	Morningstar Veggie Sausage Slider on Bun, 1 ea Ketchup Sweet Yellow Corn, 1/4 c Red Delicious Apple, 3/8 c Toddlers Steamed Green Beans, 1/4 c Cinnamon Applesauce, 2/8 c	Chickenless Fajita Strips, 1/3 c Shredded Cheddar Cheese, 1/2 oz Whole Wheat 6" Tortilla, 1 ea Steamed Green Beans, 1/4 c Banana, 1/2 ea	WG Buttermilk Pancake, 1 ea w/ Morningstar Veggie Sausage, 1 ea Syrup Fresh Baby Carrots, 1/2 c Ranch Orange Wedges, 4 ea Toddlers Carrot Coins, 1/4 c Mandarin Oranges, 3/8 c	Meatless Baked Ziti, 1/2 c WG Pasta, Manira, 3 Cheese, Soy, 1/2 c Mixed Vegetables, 1/4 c Wheat Dinner Roll, 1 ea Peaches in Juice, 3/8 c Toddlers Peas Carrots, Green Beans, 1/4 c

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January 20 - 24, 2025

	20	21	22	23	24
Breakfast	WG Froot Loop Waffle, 1 ea Peaches in Juice, 1/2 c Milk, 3/4 c	WG Buttermilk Pancakes, 1 ea w/ Syrup Fuji Apple, 1/2 ea Milk, 3/4 c Toddlers Cinnamon Applesauce, 1/2 c	WG Wheat Biscuit, 1 ea w/ Apple Butter Banana, 1/2 ea Milk, 3/4 c	WG Sliced Bagel, 1/2 ea w/ Cream Cheese, 1/2 oz Fruit Cocktail, 1/2 c Milk, 3/4 c Toddlers Peaches in Juice, 1/2 c	Rice Chex Cereal (GF), 1/2 c Pears in Juice, 1/2 c Milk, 3/4 c
AM & PM Snacks	AM Crispy Rice Cereal, 1/2 c Milk, 1/2 c PM Townhouse Crackers, 4 ea Pears in Juice, 1/2 c	AM Honey Maid Graham Crackers, 1 pkg Fruit Cocktail, 1/2 c PM Townhouse Crackers, 4 ea Fresh Baby Carrots, 1/2 c Ranch Dressing Toddlers Peaches in Juice; Mandarin Oranges	AM Corn Chex (GF), 1/2 c Orange Wedges, 4 ea PM WG Cheese Goldfish, 1 pkg Red Delicious Apple, 1/2 c Toddlers Mandarin Oranges; Peaches in Juice	AM Danimals Vanilla Yogurt, 1 ea Banana, 1/2 ea PM Townhouse Crackers, 4 ea Cheddar Cheese Stick, 1 ea	AM Blueberry Muffin, 1 ea Milk, 1/2 ea PM Mini Pretzels, 1/3 c Gala Apple, 1/2 ea Toddlers Graham Crackers & Cinnamon Applesauce
Lunch	Swedish Beef Meatballs, 3 ea Plain WG Brown Rice, 1/3 c Fresh Baby Carrots w/Ranch, 1/4 c Pineapple Tidbits, 3/8 c Toddlers Sweet Peas / Peaches in Juice WG Whole Grain Bread, 1/2 sl	Pizza Pasta Bake, 1/2 c WG Pasta/Marinara/Beef Crumbles Chicken & Beef Pepperoni Tomato Sauce Shredded Mozzarella, 1/2 oz 100% Whole Wheat Bread, 1/2 sl Steamed Green Beans, 1/4 c Banana, 1/2 ea	NAE WG Chicken Nuggets, 3 ea Macaroni & Cheese, 1/2 c Ketchup Sweet Tender Peas, 1/4 c Orange Wedges, 4 ea Toddlers Mandarin Oranges, 3/8 c	Cheeseburger Meatloaf, 1 ea Wheat Dinner Roll, 1 ea Caesar Salad, 1/2 c Caesar Dressing, Parmesan Cheese Gala Apple, 3/8 c Toddlers Applesauce, 3/8 c Steamed Green Beans, 1/4 c	Chicken Meatball Sub Chicken Meatballs, 3 ea Shredded Mozzarella Cheese, 1/2 oz Sweet Yellow Corn, 1/4 c Peaches in Juice, 3/8 c Toddlers Carrot Coins, 1/4 c
Vegetarian Lunch	Vegan Meatballs in Vegan Gravy, 2 ea Plain WG Brown Rice w/ Cauliflower Fresh Baby Carrots w/Ranch, 1/4 c Pineapple Tidbits, 3/8 c Toddlers Sweet Peas / Peaches in Juice WG Whole Grain Bread, 1/2 sl	Veggie Pizza Pasta Bake, 1/2 c Tomato Sauce Shredded Mozzarella, 1/2 oz 100% Whole Wheat Bread, 1/2 sl Steamed Green Beans, 1/4 c Banana, 1/2 ea	Morningstar Veggie Nuggets, 3 ea Macaroni & Cheese, 1/2 c Ketchup Sweet Tender Peas, 1/4 c Orange Wedges, 4 ea Toddlers Mandarin Oranges, 3/8 c	Black Beans, 1/2 c WG Brown Rice, 1/3 c Wheat Dinner Roll, 1 ea Caesar Salad, 1/2 c Caesar Dressing, Parmesan Cheese Gala Apple, 3/8 c Toddlers Applesauce, 3/8 c Steamed Green Beans, 1/4 c	Veggie Sausage Slider on Bun, 1 ea Shredded Mozzarella Cheese, 1/2 oz Sweet Yellow Corn, 1/4 c Peaches in Juice, 3/8 c Toddlers Carrot Coins, 1/4 c

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January 27 - 31, 2025

	27	28	29	30	31
Breakfast	WG Blueberry Muffin, 1 ea Gala Apple, 1/2 ea Milk, 3/4 c	WG English Muffin, 1/2/ ea w/ Grape Jelly Pineapple Tidbits, 1/2 c Milk, 3/4 c Toddlers Pears in Juice, 1/2 c	Cheddar Cheese, 1 sl w/ Whole Wheat Biscuit, 1 ea Orange Wedges, 4 ea Milk, 3/4 c Toddlers Mandarin Oranges, 1/2 c	WG Waffle, 1 ea w/ Syrup, 1 oz Mandarin Oranges, 1/2 c Milk, 3/4 c	GF Cheerios Cereal, 1/2 c Pears in Juice, 1/2 c Milk, 3/4 c
AM & PM Snacks	AM Rice Chex (GF), 1/2 c Milk, 1/2 c PM Baked Multigrain Sun Chips, 1/2 pkg Mild Salsa, 1 oz Mandarin Oranges in Juice, 1/2 c Toddlers Danimals Vanilla Yogurt, 1 ea	AM Danimals Yogurt, 1 ea Homemade Granola, 1 oz PM WG Cinnamon Crispy Bites, 1 pkg Milk, 1/2 c Toddlers Graham Crackers	AM Cheerios Cereal (GF), 1/2 c Banana, 1/2 ea PM WG Sliced Bagel, 1/2 ea Cream Cheese, 1/2 oz Cinnamon Applesauce, 1/2 c	AM WG Cinnamon Raisin Bread, 1 sl Milk, 1/2 c PM WG Cheese Goldfish, 1 pkg Fresh Baby Carrots, 1/2 c w/ Ranch, 1 oz Toddlers Peaches in Juice, 1/2 c	AM Banana Muffin, 1 ea Red Delicious Apple, 1/2 ea PM Cheddar Cheese Stick, 1 ea Townhouse Crackers, 4 ea Toddlers Cinnamon Applesauce, 1/2 c
Lunch	Grilled Chicken Patty, 1 ea WG White Wheat Hamburger Bun, 1 ea Ketchup Steamed Green Beans, 1/4 c Fruit Cocktail, 3/8 c Toddlers Goldfish, 1/4 c Pears in Juice, 3/8 c	Salisbury Steak & Gravy, 1 ea Savory Mashed Potatoes, 1/4 c Wheat Dinner Roll, 1 ea Red Delicious Apple, 3/8 c Toddlers Cinnamon Applesauce, 3/8c	NAE GF Chicken Tenders, 3 ea Ketchup Plain WG Brown Rice, 1/3 c Fresh Baby Carrots, 1/4 c Ranch Orange Wedges, 4 ea Toddlers Carrot Coins, 1/4 c Mandarin Oranges, 3/8 c 100% Whole Grain Bread, 1/2 sl	Spaghetti & Beef/Lentil Marinara, 1/2 c Shredded Mozzarella, 1/2 oz 100% Whole Wheat Bread, 1/2 sl Baby Spinach, 1/2 c Ranch Banana, 1/2 ea Toddlers Sweet Tender Peas, 1/4 c	Boneless Chicken Wing Dings, 3 ea Ketchup Wheat Dinner Roll, 1 ea Mixed Vegetables, 1/4 c Pineapple Tidbits, 3/8 c Toddlers Peas, Carrots, Green Beans, 1/4 c Mandarin Oranges, 3/8 c
Vegetarian Lunch	Veggie Slider on Bun, 1 ea WG White Wheat Hamburger Bun, 1 ea Ketchup Steamed Green Beans, 1/4 c Fruit Cocktail, 3/8 c Toddlers Goldfish, 1/4 c Pears in Juice, 3/8 c	Veggie Black Bean Chili, 1/2 c Savory Mashed Potatoes, 1/4 c Wheat Dinner Roll, 1 ea Red Delicious Apple, 3/8 c Toddlers Cinnamon Applesauce, 3/8c	Refried Beans, 1/2 c Shredded Cheese, 1/2 oz Plain WG Brown Rice, 1/3 c Fresh Baby Carrots, 1/4 c Ranch Orange Wedges, 4 ea Toddlers Carrot Coins, 1/4 c Mandarin Oranges, 3/8 c 100% Whole Grain Bread, 1/2 sl	WG Spaghetti Marinara, 1/2 c Shredded Mozzarella, 1/2 oz 100% Whole Wheat Bread, 1/2 sl Baby Spinach, 1/2 c Ranch Banana, 1/2 ea Toddlers Sweet Tender Peas, 1/4 c	Morningstar Veggie Nuggets, 5 ea Ketchup Wheat Dinner Roll, 1 ea Mixed Vegetables, 1/4 c Pineapple Tidbits, 3/8 c Toddlers Peas, Carrots, Green Beans, 1/4 c Mandarin Oranges, 3/8 c

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