

# BeanTree Learning

For Allergy Information, go to:  
<https://beantreelearning.nutrislice.com/>

## August 1 - 2, 2024

				1	2
Breakfast				WG Waffle, 1 ea with Syrup  Banana, 1/2 ea  Milk, 3/4 c	Cheerios Cereal (GF), 1/2 c  Pears in Juice, 1/2 c  Milk, 3/4 c
AM & PM Snacks				AM Cinnamon Raisin Bread, 1/2 sl Milk, 1/2 c  PM Fresh Baby Carrots, 1/2 c Ranch Dressing; WG Goldfish  <b>Toddlers</b> <b>Peaches in Juice</b>	AM Fresh Baked Banana Bread, 1 sl Fresh Apple, 1/2 ea  PM Cheddar Cheese Stick, 1 ea Townhouse Crackers, 4 ea  <b>Toddlers</b> <b>All Natural Applesauce</b>
Lunch				Breakfast for Lunch! WG Buttermilk Pancake, 1 ea Chicken Sausage, 1 ea Syrup Fresh Baby Carrots, 1/4 c Ranch Dressing Cantaloupe, 1 sl <b>Toddlers</b> <b>Diced Cantaloupe, 3/8 c</b> <b>Carrot Coins, 1/4 c</b>	"Baked Ziti" Meatless w/ Soy Italian Red Sauce w/ Three Cheeses, 1/2 c Hot Mixed Vegetables, 1/4 c Wheat Dinner Roll, 1 ea Pears in Juice, 3/8 c  <b>Toddlers</b> <b>Peas, Carrots, Green Beans, 1/4 c</b>
Vegetarian Lunch				Breakfast for Lunch! WG Buttermilk Pancake, 1 ea Morningstar Veg Sausage, 1 ea Syrup Fresh Baby Carrots, 1/4 c Ranch Dressing Cantaloupe, 1 sl <b>Toddlers</b> <b>Diced Cantaloupe, 3/8 c</b> <b>Carrot Coins, 1/4 c</b>	"Baked Ziti" Meatless w/ Soy Italian Red Sauce w/ Three Cheeses, 1/2 c Hot Mixed Vegetables, 1/4 c Wheat Dinner Roll, 1 ea Pears in Juice, 3/8 c  <b>Toddlers</b> <b>Peas, Carrots, Green Beans, 1/4 c</b>

Portions meet CACFP requirements for 3 to 5 years olds. All alternates discussed on an individual basis as needed.  
 6 oz. of milk is required with each meal. This menu contains no pork or peanut products.  
 Vegetarian meals contain no beef or poultry.

Fairfax Food Service & Caterers  
 PO Box 418, Newington, VA 22122  
 703.550.1820

**Taste the Difference!** BeanTree menus contain more of the follow healthy menu items: juices that are 100% juice and contain no dyes, hormone-free milk, ketchup without High Fructose Corn Syrup, whole grain pasta, whole grain and whole wheat breads, organic chicken nuggets, antibiotic-free and hormone-free beef and chicken menu items, nitrite-free turkey, low-fat cheeses, all-natural applesauce, and diced fruits stored in juice (not syrup).

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## August 5 - 9, 2024

	5	6	7	8	9
Breakfast	WG Banana Muffin, 1 ea Peaches in Juice, 1/2 c Milk, 3/4 c	WG Buttermilk Pancakes, 1 ea Syrup Fuji Apple, 1/2 ea Milk, 3/4 c <b>Toddlers</b> <b>Applesauce, 1/2 c</b>	WG Wheat Biscuit, 1 ea with Apple Butter Banana, 1/2 ea Milk, 3/4 c	WG Sliced Bagel, 1/2 ea Cream Cheese, 1/2 oz Mixed Peaches & Pears in Juice, 1/2 c Milk, 3/4 c	Rice Chex Cereal, 1/2 c Pears in Juice, 1/2 c Milk, 3/4 c
AM & PM Snacks	AM Crispy Rice Cereal, 1/2 c Milk, 1/2 c PM Townhouse Crackers, 4 ea Pears in Juice, 1/2 c	AM Graham Crackers, 2 ea Mixed Peaches/Pears, 1/2 c PM Fresh Baby Carrots, 1/2 c w/ Ranch Townhouse Crackers, 4 ea <b>Toddlers</b> <b>Mandarin Oranges, 1/2 c</b>	AM Corn Chex Cereal (GF), 1/2 c Orange Wedges, 4 pcs PM WG Cheese Goldfish, 1 pkt Fresh Apple, 1/2 ea <b>Toddlers - Mandarin Oranges</b> <b>and Peaches in Juice</b>	AM Vanilla Yogurt, 1/2 c Fresh Banana, 1/2 ea PM Cheddar Cheese Slice, 1 ea Townhouse Crackers, 4 ea	AM Fresh Baked Blueberry Bread, 1 sl Milk, 1/2 c PM Mini Pretzels, 1/3 c Fresh Apple, 1/2 ea <b>Toddlers</b> <b>Graham Crackers, Applesauce</b>
Lunch	Swedish Beef Meatballs, 3 ea WG Brown Rice w/ Cauliflower, 1/3 c Fresh Baby Carrots, 1/4 c Ranch Dressing Pineapple Tidbits, 3/8 c <b>Toddlers</b> <b>Peas; Peaches in Juice;</b> <b>Whole Grain Bread, 1/2 sl</b>	Pizza Pasta Bake, 1/2 c WG Pasta/Marinara/Beef Crumbles Chicken/Beef Pepperoni Tomato Sauce Shredded Mozzarella Cheese, 1/2 oz Whole Wheat Bread, 1/2 sl Steamed Green Beans, 1/4 c Fresh Banana, 1/2 ea	NAE WG Chicken Nuggets, 3 ea Macaroni & Cheese, 1/2 c Ketchup Sweet Tender Peas, 1/4 c Honeydew, 1 sl <b>Toddlers</b> <b>Diced Honeydew, 3/8 c</b>	Cheeseburger Meatloaf, 1 ea Wheat Dinner Roll, 1 ea Caesar Salad, 1/2 c Caesar Dressing Parmesan Cheese, 1/4 oz Gala Apple, 3/8 c <b>Toddlers</b> <b>Applesauce; Green Beans</b>	Plain Chicken Strips, 1/2 c WG Brown Rice w/ Cauliflower, 1/3 c Ketchup Sweet Yellow Corn, 1/4 c Peaches in Juice, 3/8 c <b>Toddlers</b> <b>Carrot Coins</b> <b>Whole Grain Bread, 1/2 sl</b>
Vegetarian Lunch	Vegan Meatballs w/ Vegan Gravy WG Brown Rice w/ Cauliflower, 1/3 c Fresh Baby Carrots, 1/4 c Ranch Dressing Pineapple Tidbits, 3/8 c <b>Toddlers</b> <b>Peas; Peaches in Juice;</b> <b>Whole Grain Bread, 1/2 sl</b>	Veggie Pizza Pasta Bake, 1/2 c Shredded Mozzarella Cheese, 1/2 oz Whole Wheat Bread, 1/2 sl Steamed Green Beans, 1/4 c Fresh Banana, 1/2 ea	Morning Star Vegetarian Chicken Nuggets, 4 ea Macaroni & Cheese, 1/2 c Ketchup Sweet Tender Peas, 1/4 c Honeydew, 1 sl	Black Beans, 1/2 c WG Brown Rice w/ Cauliflower, 1/3 c Wheat Dinner Roll, 1 ea Caesar Salad, 1/2 c Caesar Dressing Parmesan Cheese, 1/4 oz Gala Apple, 3/8 c <b>Toddlers</b> <b>Toddlers</b> <b>Applesauce; Green Beans</b>	Veggie Slider on Bun, 1 ea w/ Shredded Cheese Ketchup Sweet Yellow Corn Peaches in Juice, 3/8 c <b>Toddlers</b> <b>Carrot Coins</b> <b>Whole Grain Bread, 1/2 sl</b>

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# August 12 - 16, 2024

	12	13	14	15	16
<b>Breakfast</b>	WG Blueberry Muffin, 1 ea Gala Apple, 1/2 ea Milk, 3/4 c  <b>Toddlers</b> <b>Applesauce, 1/2 c</b>	WG English Muffin, 1/2 ea w/ Grape Jelly Mixed Peaches & Pears in Juice, 1/2 c Milk, 3/4 c	Cheddar Cheese, 1 sl Biscuit, 1 ea Orange Wedges, 4 ea Milk, 3/4 c  <b>Toddlers</b> <b>Mandarin Oranges, 1/2 c</b>	WG Waffle, 1 ea with Syrup Banana, 1/2 ea Milk, 3/4 c	Cheerios Cereal (GF), 1/2 c Pears in Juice, 1/2 c Milk, 3/4 c
<b>AM &amp; PM Snacks</b>	AM Rice Chex Cereal, 1/2 c Milk, 1/2 c  PM Baked Multi Grain Sun Chips, 1/2 pkt Mild Salsa, 1 oz  <b>Toddlers</b> <b>Vanilla Yogurt; Mandarin Oranges</b>	AM Vanilla Yogurt, 1/2 c Homemade Granola, 1 oz  PM WG Cinnamon Crispy Bites, 1/2 pkt Milk, 1/2 c  <b>Toddlers</b> <b>Graham Crackers, 2 ea</b>	AM Cheerios Cereal (GF), 1/2 c Fresh Banana, 1/2 ea  PM WG Sliced Bagel, 1/2 ea Cream Cheese, 1/2 oz Applesauce, 1/2 c	AM Cinnamon Raisin Bread, 1/2 sl Milk, 1/2 c  PM Fresh Baby Carrots, 1/2 c Ranch Dressing; WG Goldfish	AM Fresh Baked Banana Bread, 1 sl Fresh Apple, 1/2 ea  PM Cheddar Cheese Stick, 1 ea Townhouse Crackers, 4 ea
<b>Lunch</b>	NAE WG Chicken Nuggets, 5 ea Ruffles Chips, 1/4 c Ketchup Steamed Green Beans, 1/4 c Pears and Peaches in Juice, 3/8 c  <b>Toddlers</b> <b>Goldfish, 1/4 c</b>	Salisbury Steak & Gravy, 1 ea Savory Mashed Potatoes, 1/4 c Wheat Dinner Roll, 1 ea Fresh Red Delicious Apple, 3/8 c  <b>Toddlers</b> <b>All Natural Applesauce, 3/8 c</b>	NAE WG Chicken Tenders, 3 ea Ketchup WG Brown Rice w/ Cauliflower, 1/3 c Fresh Baby Carrots, 1/4 c w/ Ranch Cantaloupe, 1 sl  <b>Toddlers</b> <b>Carrot Coins, 1/4 c</b> <b>Diced Cantaloupe, 3/8 c</b> <b>100% Whole Grain Bread, 1 sl</b>	WG Spaghetti w/ Beef & Lentils Marinara, 1/2 c Shredded Mozzarella, 1/2 oz 100% WG Bread, 1/2 sl Baby Spinach and Ranch, 1/4 c Fresh Banana, 1/2 ea  <b>Toddlers</b> <b>Sweet Tender Peas</b>	Boneless Chicken Wing Dings, 3 ea Ketchup Wheat Dinner Roll, 1 ea Peas/Carrots/Green Beans/ Corn/Lima Beans, 1/4 c Orange Wedges, 4 ea  <b>Toddlers</b> <b>Mandarin Oranges, 3/8 c</b> <b>Peas, Carrots, Green Beans, 1/4 c</b>
<b>Vegetarian Lunch</b>	Veggie Sausage Slider on a Bun, 1 ea Shredded Cheddar Cheese, 1/2 oz Ruffles Chips, 1/4 c Ketchup Steamed Green Beans, 1/4 c Pears and Peaches in Juice, 3/8 c  <b>Toddlers</b> <b>Goldfish, 1/4 c</b>	Veggie Black Bean Chili, 1/2 c Savory Mashed Potatoes, 1/4 c Wheat Dinner Roll, 1 ea Fresh Red Delicious Apple, 3/8 c  <b>Toddlers</b> <b>All Natural Applesauce, 3/8 c</b>	Vegan Refried Beans, 1/2 c Cheddar Cheese, 1/2 oz WG Brown Rice w/ Cauliflower, 1/3 c Fresh Baby Carrots, 1/4 c w/ Ranch Cantaloupe, 1 sl  <b>Toddlers</b> <b>Carrot Coins, 1/4 c</b> <b>Diced Cantaloupe, 3/8 c</b> <b>100% Whole Grain Bread, 1 sl</b>	WG Spaghetti Marinara, 1/2 c Shredded Mozzarella, 1/2 oz 100% WG Bread, 1/2 sl Baby Spinach and Ranch, 1/4 c Fresh Banana, 1/2 ea  <b>Toddlers</b> <b>Sweet Tender Peas</b>	Morningstar Veggie Nuggets, 3 ea Ketchup Wheat Dinner Roll, 1 ea Peas/Carrots/Green Beans/ Corn/Lima Beans, 1/4 c Fresh Orange Wedges, 2 ea  <b>Toddlers</b> <b>Mandarin Oranges, 3/8 c</b> <b>Peas, Carrots, Green Beans, 1/4 c</b>

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## August 19 - 23, 2024

	19	20	21	22	23
<b>Breakfast</b>	WG Banana Muffin, 1 ea Peaches in Juice, 1/2 c Milk, 3/4 c	WG Buttermilk Pancakes, 1 ea Syrup Fuji Apple, 1/2 ea Milk, 3/4 c <b>Toddlers Applesauce, 1/2 c</b>	WG Wheat Biscuit, 1 ea with Apple Butter Banana, 1/2 ea Milk, 3/4 c	WG Sliced Bagel, 1/2 ea Cream Cheese, 1/2 oz Mixed Peaches & Pears in Juice, 1/2 c Milk, 3/4 c	Rice Chex Cereal, 1/2 c Pears in Juice, 1/2 c Milk, 3/4 c
<b>AM &amp; PM Snacks</b>	AM Crispy Rice Cereal, 1/2 c Milk, 1/2 c PM Townhouse Crackers, 4 ea Pears in Juice, 1/2 c	AM Graham Crackers, 2 ea Mixed Peaches/Pears, 1/2 c PM Fresh Baby Carrots, 1/2 c w/ Ranch Townhouse Crackers, 4 ea <b>Toddlers Mandarin Oranges, 1/2 c</b>	AM Corn Chex Cereal (GF), 1/2 c Orange Wedges, 4 pcs PM WG Cheese Goldfish, 1 pkt Fresh Apple, 1/2 ea <b>Toddlers - Mandarin Oranges and Peaches in Juice</b>	AM Vanilla Yogurt, 1/2 c Fresh Banana, 1/2 ea PM Cheddar Cheese Slice, 1 ea Townhouse Crackers, 4 ea	AM Fresh Baked Blueberry Bread, 1 sl Milk, 1/2 c PM Mini Pretzels, 1/3 c Fresh Apple, 1/2 ea <b>Toddlers Graham Crackers, Applesauce</b>
<b>Lunch</b>	Oven-Baked Chicken Breast Patty Sandwich, 1 ea Wheat Hamburger Roll, 1 ea Ketchup Sweet Tender Peas, 1/4 c All Natural Applesauce, 3/8 c	NAE WG Chicken Nuggets, 3 ea Creamy Mac & Cheese, 1/2 c Ketchup Tossed Salad w/ Mixed Greens, 1/2 c Ranch Banana, 1/2 ea <b>Toddlers Peas, Carrots, Green Beans, 1/4 c</b>	Mexican Beef Nacho Fiesta, 1/4 c w/ Cheddar Cheese, 1/2 oz GF Corn Tortilla Chips, 1/4 c Sweet Yellow Corn, 1/4 c Pears in Juice, 3/8 c <b>Toddlers Wheat Dinner Roll/Carrot Coins</b>	Italian Beef Meatballs, 3 ea Sub Roll, 1/2 ea Mozzarella Cheese, 1/2 oz Steamed Green Beans, 1/4 c Golden Delicious Apple, 3/8 c <b>Toddlers Applesauce, 3/8 c</b>	Corn Dog Nuggets, 5 ea Ketchup Tossed Salad w/ Mixed Greens, 1/2 c Ranch Dip Watermelon, 1 sl <b>Toddlers Diced Watermelon, 3/8 c Carrot Coins, 1/4 c</b>
<b>Vegetarian Lunch</b>	Veggie Slider w/ Shredded Cheese Wheat Hamburger Roll, 1 ea Ketchup Sweet Tender Peas, 1/4 c All Natural Applesauce, 3/8 c	Morningstar Veggie Nuggets, 3 ea Creamy Mac & Cheese, 1/2 c Ketchup Tossed Salad w/ Mixed Greens, 1/2 c Ranch Banana, 1/2 ea <b>Toddlers Peas, Carrots, Green Beans, 1/4 c</b>	Veggie Mexican Nacho Fiesta, 1/4 c w/ Cheddar Cheese, 1/2 oz Corn Tortilla Chips, 1/4 c Sweet Yellow Corn, 1/4 c Pears in Juice, 3/8 c <b>Toddlers Wheat Dinner Roll/Carrot Coins</b>	Italian Veggie Meatballs, 2 ea Sub Roll, 1/2 ea Mozzarella Cheese, 1/2 oz Steamed Green Beans, 1/4 c Golden Delicious Apple, 3/8 c <b>Toddlers Applesauce, 3/8 c</b>	Morningstar Veggie Nuggets, 5 ea Ketchup Tossed Salad w/ Mixed Greens, 1/2 c Ranch Dip Watermelon, 1 sl <b>Toddlers Diced Watermelon, 3/8 c Carrot Coins, 1/4 c</b>

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## August 26 - 30, 2024

	26	27	28	29	30
<b>Breakfast</b>	WG Blueberry Muffin, 1 ea Gala Apple, 1/2 ea Milk, 3/4 c  <b>Toddlers</b> <b>Applesauce, 1/2 c</b>	WG English Muffin, 1/2 ea w/ Grape Jelly Mixed Peaches & Pears in Juice, 1/2 c  Milk, 3/4 c	Cheddar Cheese, 1 sl Biscuit, 1 ea  Orange Wedges, 4 ea  Milk, 3/4 c  <b>Toddlers</b> <b>Mandarin Oranges, 1/2 c</b>	WG Waffle, 1 ea with Syrup  Banana, 1/2 ea  Milk, 3/4 c	Cheerios Cereal (GF), 1/2 c  Pears in Juice, 1/2 c  Milk, 3/4 c
<b>AM &amp; PM Snacks</b>	AM Rice Chex Cereal, 1/2 c Milk, 1/2 c  PM Baked Multi Grain Sun Chips, 1/2 pkt Mild Salsa, 1 oz  <b>Toddlers</b> <b>Vanilla Yogurt; Mandarin Oranges</b>	AM Vanilla Yogurt, 1/2 c Homemade Granola, 1 oz  PM WG Cinnamon Crispy Bites, 1/2 pkt Milk, 1/2 c  <b>Toddlers</b> <b>Graham Crackers, 2 ea</b>	AM Cheerios Cereal (GF), 1/2 c Fresh Banana, 1/2 ea  PM WG Sliced Bagel, 1/2 ea Cream Cheese, 1/2 oz Applesauce, 1/2 c	AM Cinnamon Raisin Bread, 1/2 sl Milk, 1/2 c  PM Fresh Baby Carrots, 1/2 c Ranch Dressing; WG Goldfish	AM Fresh Baked Banana Bread, 1 sl Fresh Apple, 1/2 ea  PM Cheddar Cheese Stick, 1 ea Townhouse Crackers, 4 ea  <b>Toddlers</b> <b>All Natural Applesauce</b>
<b>Lunch</b>	NAE WG Chicken Nuggets, 4 ea WG Brown Rice w/ Cauliflower, 1/4 c Fresh Baby Carrots, 1/4 c Ketchup Mixed Peaches & Pears in Juice, 3/8 c  <b>Toddlers</b> <b>Carrot Coins</b> <b>1/2 sl WG Bread</b>	Lean Beef Hamburger, 1 ea White Wheat Hamburger Bun, 1 ea Ketchup Sweet Yellow Corn, 1/4 c Fresh Red Delicious Apple, 3/8 c  <b>Toddlers</b> <b>Steamed Green Beans, 1/4 c</b> <b>Applesauce, 3/8 c</b>	Chicken Fajitas, 1/3 c Shredded Cheddar Cheese, 1/2 oz Whole Wheat 6" Tortilla, 1 ea Steamed Green Beans, 1/4 c Banana, 1/2 ea	Breakfast for Lunch! WG Buttermilk Pancake, 1 ea Chicken Sausage, 1 ea Syrup Fresh Baby Carrots, 1/4 c Ranch Dressing Cantaloupe, 1 sl  <b>Toddlers</b> <b>Diced Cantaloupe, 3/8 c</b> <b>Carrot Coins, 1/4 c</b>	"Baked Ziti" Meatless w/ Soy Italian Red Sauce w/ Three Cheeses, 1/2 c Hot Mixed Vegetables, 1/4 c Wheat Dinner Roll, 1 ea Pears in Juice, 3/8 c  <b>Toddlers</b> <b>Peas, Carrots, Green Beans, 1/4 c</b>
<b>Vegetarian Lunch</b>	Veggie Egg Roll, 1 ea WG Brown Rice w/ Cauliflower, 1/4 c Tossed Salad w/ Mixed Greens, 1/4 c Ketchup Mixed Peaches & Pears in Juice, 3/8 c  <b>Toddlers</b> <b>Carrot Coins</b> <b>1/2 sl WG Bread</b>	Veggie Slider w/ Shredded Cheese Slider Bun Ketchup Sweet Yellow Corn, 1/4 c Fresh Red Delicious Apple, 3/8 c  <b>Toddlers</b> <b>Steamed Green Beans, 1/4 c</b> <b>Applesauce, 3/8 c</b>	Chickenless Fajita Strips, 1/3 c Shredded Cheddar Cheese, 1/2 oz Whole Wheat 6" Tortilla, 1 ea Steamed Green Beans, 1/4 c Banana, 1/2 ea	Breakfast for Lunch! WG Buttermilk Pancake, 1 ea Morningstar Veg Sausage, 1 ea Syrup Fresh Baby Carrots, 1/4 c Ranch Dressing Cantaloupe, 1 sl  <b>Toddlers</b> <b>Diced Cantaloupe, 3/8 c</b> <b>Carrot Coins, 1/4 c</b>	"Baked Ziti" Meatless w/ Soy Italian Red Sauce w/ Three Cheeses, 1/2 c Hot Mixed Vegetables, 1/4 c Wheat Dinner Roll, 1 ea Pears in Juice, 3/8 c  <b>Toddlers</b> <b>Peas, Carrots, Green Beans, 1/4 c</b>

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